

**GRADUATE MEDICAL EDUCATION
POLICIES AND PROCEDURES**

Subject:	Fatigue Mitigation
Effective Date:	August 2015
Distribution:	Accredited and GMEC-approved programs

INTRODUCTION/POLICY:

Residents/fellows are expected to come to work fit for duty. When a resident/fellow identifies himself, or an attending identifies the resident/fellow as being too fatigued to drive home, there are several options for the resident/fellow:

- Call rooms/sleep quarters are available until the resident/fellow is less fatigued.
- A taxi/Uber service is available. The resident/fellow will initially pay for the taxi/Uber service. A receipt should be submitted to the GME office for reimbursement. Reimbursement is available for round-trip transportation to/from their home.
- Public (e.g., bus) or private (e.g., friend, spouse) transportation by choice of the resident and if available.

Annual training regarding fatigue mitigation is required of all residents/fellows.

8/2015;
8/2020