GRADUATE MEDICAL EDUCATION POLICIES AND PROCEDURES

Subject: **MOONLIGHTING POLICY**

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Moonlighting is defined as any professional activity that occurs outside the course and scope of an approved graduate medical education training program, whether or not remuneration is received. Residents/fellows at Bridgeport Hospital are not required to engage in moonlighting.

Bridgeport Hospital recognizes the ACGME Institutional, Common and specialty-specific Program Requirements in reference to moonlighting activity. Internal and external moonlighting, as defined below and found in the ACGME Glossary of Terms, must be counted toward the 80-hour weekly limit on duty hours.

- <u>Internal Moonlighting</u>: Voluntary, compensated, medically-related work (not related to training requirements) performed within the institution in which the resident/fellow is in training or at any of its related participating sites.
- External Moonlighting: Voluntary, compensated, medically-related work performed outside the institution where the resident/fellow is in training or at any of its related participating sites.

Moonlighting activities may be inconsistent with sufficient time for rest and restoration to promote the resident/fellow educational experience and safe patient care. Moonlighting must not interfere with the ability of the resident/fellow to achieve the goals and objectives of the educational program, and must not interfere with the resident/fellow fitness for work nor compromise patient safety.

Those residents/fellows interested in moonlighting activity must strictly adhere to the following set of conditions. Failure to abide by these conditions may lead to disciplinary actions against a resident/fellow including dismissal from the program.

- PGY I residents are not permitted to moonlight.
- Residents/fellows must obtain a prospective written statement of permission from the Program Director.

- Residents/fellows must have a valid Connecticut license to practice medicine and Federal DEA if prescriptive authority is required for the moonlighting.
- Residents/fellows must have a malpractice insurance policy from their employer that covers his or her activity outside the training programs.
- Residents/fellows must not participate in moonlighting activities concurrent with responsibilities associated with his/her training program.
- Residents/fellows may not moonlight on Bridgeport Hospital inpatient units, unless billing for these services does not occur.

Resident/fellow performance will be monitored for the effect of moonlighting activities, and adverse effects may lead to withdrawal of permission.

Residents/fellows on a J-1 or J-2 visa may not engage in any moonlighting activities. Residents/fellows on an H-1B visa may not engage in any moonlighting activities unless compliance with legal requirements regarding sponsorship are met by the resident/fellow and sponsor/employer.

Programs having moonlighting policies that are more restrictive than this institutional policy will share the policy with all program participants.

All residents/fellows will be expected to sign a moonlighting compliance attestation form annually.

Failure to comply with this policy will lead to ramifications for the resident/fellow up to and including, termination. Questions regarding this policy should be directed to the Department of Medical Education.